

Welcome
Back!
Menus for
August
2014



LIBERTY COUNTY PRE K

This institution is an equal opportunity provider and employer.

AVAILABLE
ALL MEALS
SERVED WITH
CHOICE OF
MILK

Pay for meals on-line at



Breakfast
NO CHARGE

Lunch
\$2.10

Providing parents
a secure way to
manage school life

Monday, August 4

NO SCHOOL

Tuesday, August 5

NO SCHOOL

Wednesday, August 6

Breakfast
Biscuit
Ham Patty
Fruit

Lunch
Pizza
Garden Salad
Corn
Jello
Fruit

Thursday, August 7

Breakfast
Breakfast Pizza
Fruit

Lunch
Baked Chicken
Broccoli Salad
Rice Pilaf
Rolls
Orange Half
Strawberries

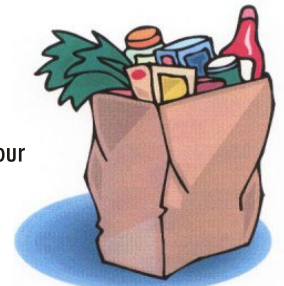
Friday, August 8

Breakfast
Chicken Patty
Biscuit
Fruit

Lunch
Beefy Tacos
Pinto Beans
Lettuce & Tomato
Cookie
Fruit

**WE'RE STILL
A BARGAIN**

You've been to the grocery store, so you know what's been happening to food prices. We feel your pain, because it's been happening to us, too. We're not a for-profit operation, but we do have to cover all of our costs, and we've had to raise prices this year to do that. Even so, we think we still provide your family with a great bargain: nutritious, tasty, inexpensive complete meals that are here for your kids every day. In fact, when you compare how much more groceries cost you this year, our school meals might actually be a better deal than ever. Thanks for your business!



Monday, August 11

Breakfast
Pancakes
Sausage Link
Fruit

Lunch
Cheeseburger
Lettuce & Tomato
Green Beans
Pickles
Fries
Fruit

Tuesday, August 12

Breakfast
Scrambled Eggs
Toast
Fruit

Lunch
Beefy Nachos
Veggie Cup
Ranch Dressing
Refried Beans
Fruit

Wednesday, August 13

Breakfast
Oatmeal
Cinnamon Toast
Fruit

Lunch
Roast Beef
Gravy
Mashed Potatoes
Carrots
Roll
Fruit

Thursday, August 14

Breakfast
Sausage Patty
Biscuit
Fruit

Lunch
Chicken Parmesan
Noodles
Broccoli w/ Cheese
Roll
Jello Cake
Fruit

Friday, August 15

Breakfast
Banana Muffin
Yogurt
Fruit

Lunch
Chicken Pot Pie
Garden Salad
Cookie
Fruit

Breakfast

NOCHARGE

Lunch

\$1.85

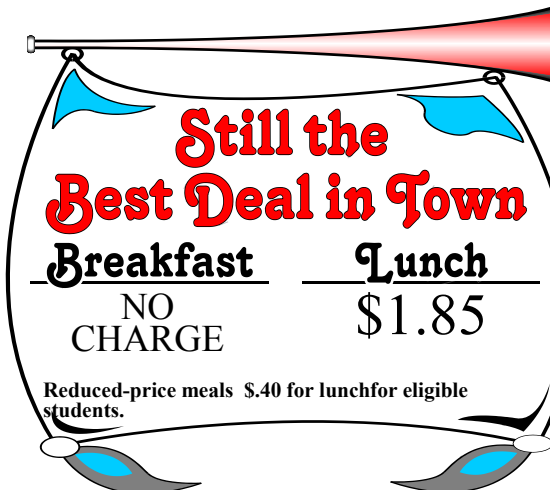
REDUCED PRICED MEAL .40

First things First

BREAKFAST @ SCHOOL

For first-class learning!

LIBERTY COUNTY PRE K CENTER



Still the Best Deal in Town

Breakfast	Lunch
NO CHARGE	\$1.85

Reduced-price meals \$.40 for lunch for eligible students.

DON'T 4GET!



... and at least three of the five items total so your meal counts as a complete lunch!

Monday, August 18	Tuesday, August 19	Wednesday, August 20
<p>Breakfast Oatmeal Toast Applesauce</p> <p>Lunch Ham & Cheese Sandwich Veggie Cup Ranch Dressing Chips Fruit</p>	<p>Breakfast Biscuit Jelly Fruit</p> <p>Lunch Spaghetti and Meatball Breadstick Green Beans Veggie Cup Ranch Dressing Ice Cream Fruit</p>	<p>Breakfast Waffle Stick Syrup Ham Patty Fruit</p> <p>Lunch Ham Cabbage Macaroni & Cheese Cornbread Fruit</p>

Monday, August 25	Tuesday, August 26	Wednesday, August 27
<p>Breakfast Breakfast Pizza Fruit</p> <p>Lunch Hot Dog Tater Tots Veggie Cup Ranch Dressing Apple</p>	<p>Breakfast Waffle Stick Sausage Link Syrup Fruit</p> <p>Lunch Beefaroni Carrot Sticks Ranch Dressing Green Beans Fruit</p>	<p>Breakfast Ham Patty Biscuit Fruit</p> <p>Lunch Pizza Garden Salad Corn Jello Fruit</p>

Don't you have enough to do already?!

Breakfast and lunch at school offer all kids a convenient, economical, and healthy alternative for their school-day nutrition. Why not save yourself some aggravation and take advantage of this great service every day?



When your kids join us for breakfast and lunch, you can rest assured that they're eating nutritious meals – and your family may qualify for meal benefits, as well. You can apply at any time during the year. This school year, why not do your kids -- and yourself -- a favor. Encourage your kids to join us for breakfast and lunch at school every day!

School Meals
We serve education every day™

Thursday, August 21	Friday, August 22
<p>Breakfast Grits Scrambled Eggs Toast Fruit</p> <p>Lunch Chicken Nuggets Black-eye Peas Okra & Tomatoes Roll Fruit</p>	<p>Breakfast Blueberry-Banana Muffin Yogurt Fruit</p> <p>Lunch Fish Stick Coleslaw Baked Beefy Beans Cornbread Cookie Fruit</p>

Thursday, August 28	Friday, August 29
<p>Breakfast Oatmeal Cinnamon Toast Fruit</p> <p>Lunch Baked Chicken Broccoli Salad Rice Pilaf Roll Orange Half Strawberries</p>	<p>Breakfast Chicken Patty Biscuit Fruit</p> <p>Lunch Beefy Taco Pinto Beans Lettuce & Tomato Cookie Fruit</p>